



NOURISH

BERRY MEDLEY

PEPTIDE FORMULA

CASE REPORT PROVIDED BY:
HALEY RIGGS, MS, RD, CSP, LD

NUTRITION HISTORY:

- Nutrition plan for a person living on a feeding tube who presents with autism, developmental delay, and chromosomal abnormality
- **Reason for tube feeding:** Feeding difficulty & aspiration
- Sole source of nutrition
- Patient has been tube fed for 9 years (since birth)
- Intermittent TPN & prior GJ tube dependence
- Ileostomy present

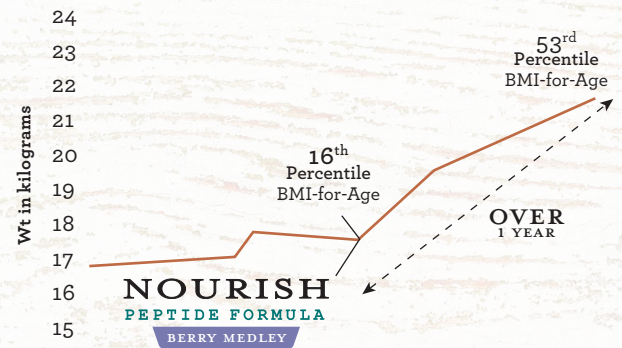
NUTRITION MANAGEMENT:

- **Types of previous formulas:**
 - Hypoallergenic amino-acid based pediatric formula
 - Plant-based peptide 1.5 kcal/mL formula
- **Type of previous administration modalities:**
 - Pump feedings over 1 hour during the day and continuous overnight
- **Reasons for choosing Nourish Peptide & Nourish Peptide Berry Medley:**
 - Patient was experiencing:
 - Persistent stomach pain & distension
 - Excessive ostomy output
 - Calorically dense (~1.46 kcal/mL)
 - Enhanced digestion with peptide-based protein and medium-chain fats from organic coconut oil
 - Contains a variety of fiber sources from multiple different whole foods
- **Feeding Plan for Nourish Peptide Berry Medley**

Nourish Peptide Berry Medley Formula Attributes:

- 18 organic, plant-based ingredients, including 4 fruits & 3 vegetables
- Free of all 9 major food allergens
- 15 grams of fiber per 1000 calories
- Caloric density: ~1.46 kcal/mL
- Digestion & absorption support

Weight Trend on Nourish Peptide Berry Medley



BASELINE FEEDING PLAN	FINAL FEEDING PLAN
Nourish Peptide during the day and a plant-based peptide 1.5 kcal/mL formula continuously overnight.	• 1350 mL Nourish Peptide Berry Medley divided into 5 feedings/day • 60 mL water mixed with each feeding • Gravity fed through a 60 mL syringe • Discontinuation of overnight feedings

INSIGHTS:

- Since transitioning to Nourish Peptide Berry Medley, the caregivers report improvement in nutritional outlook across multiple clinical measures.
- Patient had good overall tolerance and improved weight trajectory on Nourish Peptide & Nourish Peptide Berry Medley.
- Caregivers reported an improvement in quality of life due to the successful discontinuation of overnight feeds and the ability to receive all nutrition during the day once on Nourish Peptide Berry Medley.

“I BELIEVE NOURISH PEPTIDE BERRY MEDLEY IS AN EXCELLENT OPTION TO GET WHOLE FOODS WITHOUT THE COST AND TIME NEEDED TO BLEND FOOD AT HOME. HAVING A VARIETY OF FIBER SOURCES WAS PARAMOUNT TO MY PATIENT’S SUCCESS ON THIS FORMULA.” –HALEY RIGGS, MS, RD, CSP, LD

Functional Formularies products are food products intended for nutritional support only. These products are not intended to treat, diagnose, mitigate, prevent, or cure any disease.

