



LIQUID HOPE

PEPTIDE FORMULA

CASE REPORT PROVIDED BY:
JANE GAROFALO, MS, RD

NUTRITION HISTORY:

- Nutrition plan for a person living on a feeding tube who presents with Amyotrophic Lateral Sclerosis
- **Reason for tube feeding:** Inadequate oral intake and difficulty swallowing
- Sole source of nutrition with oral intake for pleasure
- G-tube medically necessary for 1 year

NUTRITION MANAGEMENT:

- **Type of previous formulas:**
 - Plant-based standard 1.4 kcal/mL formula
 - Liquid Hope formula
- **Reasons for choosing Liquid Hope Peptide:**
 - Patient was experiencing GI intolerance issues related to tube feeding.
 - Dietitian, patient, and caregiver were interested in a whole food formula with an easy-to-digest protein that was free of added sugars, gluten, and dairy.
- **Liquid Hope Peptide Feeding Plan:**

Liquid Hope Peptide Formula Attributes (per pouch):

- 19 organic, plant-based ingredients
- Caloric density: ~1.41 kcal/mL
- Digestion & absorption support:
 - Primarily peptide-based protein
 - 40% of fat from MCT
- 25 grams of protein
- Multifiber blend: 11 grams of fiber
- No added sugar
- Gluten & dairy free

FEEDING VOLUME

1 pouch of Liquid Hope Peptide +
150-200 mL of a combination of
vegetable juice & water
3 times/day

FEEDING SCHEDULE

Each feeding is administered over
45 minutes to 1 hour via large bore
gravity bag

ADDITIONAL WATER

820 mL total additional water/day
divided into 60 mL water before and
after each feeding + 115 mL water
flush 4 additional times/day

INFUSION TIPS

Adding water/juice to Liquid Hope Peptide and ensuring the formula is at room temperature has provided a thinner formula resulting in feeding times of 45 minutes to 1 hour versus 2 to 3 hours.

INSIGHTS:

- Since transitioning to Liquid Hope Peptide, the patient reports improvement in nutritional outlook across multiple clinical measures including the ability to tolerate an increase in volume and calories.
- Good overall tolerance and weight stabilization on Liquid Hope Peptide.

“LIQUID HOPE PEPTIDE REMAINS A GO-TO OPTION FOR MY PATIENTS AS I HAVE SEEN FIRST-HAND THE REPORTED IMPROVEMENT IN GI SYMPTOMS. I FEEL CONFIDENT RECOMMENDING LIQUID HOPE FORMULAS FOR THEIR WHOLE FOOD INGREDIENTS AND VARIETY OF OPTIONS FOR SPECIFIC PATIENT NEEDS.”

-JANE GAROFALO, MS, RD

Functional Formularies products are food products intended solely for nutritional support. These products are not intended to treat, diagnose, mitigate, prevent, or cure any disease.

