



CASE REPORT PROVIDED BY:
GABRIELA GARDNER PSM, RD-AP, LD, CNSC

NUTRITION HISTORY:

- **Reason for tube feeding:** Dysphagia
- Sole source of nutrition
- Percutaneous endoscopic gastrostomy (PEG) tube since March 2020
- Volume intolerant requiring feeding pump (unable to tolerate >100 mL/hr rate)

NUTRITION MANAGEMENT:

- **Types of previous formulas:**
 - Plant-based peptide 1.5 kcal/mL formula run at 72 mL/hr over 16 hours
 - Plant-based glucose support 1.2 kcal/mL formula run at 94 mL/hr over 16 hours
- **Reasons for choosing Liquid Hope Peptide High Protein:**
 - Patient was experiencing:
 - Bowel irregularity
 - Unintentional weight loss due to reflux/vomitting
 - Caregiver interest in a whole food, blenderized formula with complex carbohydrates and a variety of fiber sources versus simple, refined carbohydrates.
- **Transitioning to Liquid Hope Peptide High Protein:**
 - Patient transitioned over 1 week to goal feeding plan using Liquid Hope Peptide High Protein
 - Days 1-3: 3 containers of plant-based glucose support 1.2 kcal/mL formula overnight (70 mL/hr X 12 hrs) + 1 pouch of Liquid Hope Peptide High Protein during the day (start at 20 mL/hr and increase by 10 mL/hr every 4 hours until at 65 mL/hr)
 - Days 4-6: 2 pouches Liquid Hope Peptide High Protein overnight (65 mL/hr X 12 hrs) and 1 container of plant-based glucose support 1.2 kcal/mL formula during the day (70 mL/hr)

Liquid Hope Peptide High Protein Final Feeding Plan

OVERNIGHT:
2 pouches Liquid Hope Peptide High Protein + 100 mL water (~820 mL) at 65 mL/hr X ~12 hours

DAYTIME FEED:
1.25 pouches Liquid Hope Peptide High Protein + 100 mL water (~550 mL) at 65 mL/hr X ~6 hours

ADDITIONAL WATER FLUSHES:
30 mL before and after each feeding

INSIGHTS:

- Since transitioning to Liquid Hope Peptide High Protein, the patient reports improvement in nutritional outlook across multiple clinical measures.
- Good overall tolerance and ability to reach all feeding goals without issues.

HIGH LEVEL OF SATISFACTION, IMPROVEMENT IN QUALITY OF LIFE, AND PATIENT WILL CONTINUE ON LIQUID HOPE PEPTIDE HIGH PROTEIN.

Liquid Hope Peptide High Protein Formula Attributes (per pouch):

- **Macronutrient Calorie Distribution:**
-24% protein, 25% carbohydrates, 51% fat
- 31 grams of protein
- 9 grams of fiber
- Caloric density: ~1.46 kcal/mL
- **Digestion & Absorption Support:**
-18% of fat from MCT
-Primarily peptide-based protein

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