

NUTRIENTS	12 oz Per Serving (341g/340-355mL*)		2 - pouches 24oz (682g/680-710mL*)		3 - pouches 36oz (1023g/1020-1065mL*)		4 - pouches 48oz (1364g/1360-1420mL*)	
	VALUE	%DRI**	VALUE	%DRI**	VALUE	%DRI**	VALUE	%DRI**
Nutrient Density, kcal/mL	1.3		1.3		1.3		1.3	
Calories	450		900		1350		1800	
Protein, % kcal	20		20		20		20	
Protein, g	23		46		69		92	
Carbohydrate, % kcal	42		42		42		42	
Carbohydrate, g	49		98		147		196	
Fat, % kcal	38		38		38		38	
Fat, g	20		40		60		80	
Dietary fiber, g	9		18		27		36	
Soluble Fiber, g	2		4		6		8	
Insoluble Fiber, g	7		14		21		28	
Osmolality mOsm/kg H2O	482		482		482		482	
Water, g/mL/cc	241		482		723		964	
VITAMINS								
Vitamin A, RAE - (from Mixed Carotenoids)	344	38.2%	688	76.4%	1032	115%	1376	153%
Vitamin B1 - Thiamin, mg	0.45	37.5%	0.90	75%	1.35	112.5%	1.8	150%
Vitamin B2 - Riboflavin, mg	0.48	36.9%	0.96	73.8%	1.35	112.5%	1.8	150%
Vitamin B3 - Niacin, mg	5.71	35.7%	11.42	71.4%	17.14	107%	22.84	143%
Vitamin B5 - Pantothenic Acid, mg	1.37	27.4%	2.74	54.8%	4.11	82.2%	5.48	110%
Vitamin B6 - Pyridoxine, mg	0.63	37.1%	1.26	74.2%	1.89	111%	2.52	148%
Vitamin B12 - Cobalamin, mcg	1.50	62.5%	3.00	125%	4.50	187.5%	6.00	250%
Vitamin C, mg	113	126%	226	251%	339	377%	452	502%
Vitamin D, mcg	3.75	20%	7.5	40%	11.25	60%	15	80%
Vitamin E - Mixed Tocopherols, IU	6.95	46.3%	13.9	92.7%	20.85	139%	27.8	185.3%
Folate, mcg	132.5	33.1%	265	66.2%	397.5	99.3%	530	132.5%
Vitamin K, mcg	50.9	42.4%	101.8	84.8%	152.7	127.2%	203.6	169.6%
Biotin, mcg	68.6	NOT ESTABLISHED	137.2	NOT ESTABLISHED	205.8	NOT ESTABLISHED	274.4	NOT ESTABLISHED
Choline, mg	104.2	NOT ESTABLISHED	208.4	NOT ESTABLISHED	312.6	NOT ESTABLISHED	416.8	NOT ESTABLISHED
MINERALS								
Calcium, mg	270	20%	540	40%	710	60%	980	80%
Chloride, mg	400	22.2%	800	44.4%	1200	66.7%	1600	88.9%
Chloride, mEq	11.3	-	22.6	-	33.9	-	45.2	-
Chromium, mcg	23.7	79%	47.4	158%	71.1	237%	94.8	316%
Copper, mg	0.35	38.9%	0.7	77.8%	1.05	117%	1.4	156%
Iodine, mcg	51	34%	102	68%	153	102%	204	136%
Iron, mg	5.7	30%	11.4	60%	17.1	90%	22.8	120%
Manganese, mg	1.66	72.2%	3.32	144%	4.98	217%	6.64	289%
Magnesium, mg	99.1	23.6%	198.2	47.2%	297.3	70.8%	396.4	94.4%
Molybdenum, mcg	36.1	80.2%	72.2	160.4%	108.3	241%	144.4	320%
Phosphorus, mg	280.5	40.1%	560.9	80.2%	841.4	120.3%	1121.9	160.4%
Potassium, mg	958	20%	1916	40%	2874	60%	3832	80%
Potassium, mEq	24.6	-	49.1	-	73.7	-	98.3	-
Selenium, mcg	18.2	33.2%	36.5	66.4%	54.8	99.6%	73.0	132.8%
Sodium, mg	333	27.8%	666	55.5%	999	83.3%	1332	111%
Sodium, mEq	14.5	-	29.0	-	43.5	-	58.0	-
Zinc, mg	3.9	35.5%	7.8	70.9%	11.7	106%	15.6	142%
POLYUNSATURATED FAT								
Omega-3 Fatty Acid, g	7.77		14.5		21.75		29.0	
Omega-6 Fatty Acid, g	3.12		4.56		6.84		8.92	

Special Notes:
 *mL range is give due to the volume being effected by viscosity, altitude and temperature. For the most accurate measurments please use the grams listed. All nutritional information contained herein is calculated using a 341/per pouch gram weight measurement.
 **The DRI percentages are based off the Institute of Medicine's Dietary Reference Intakes for adults 18 or more years of age.

Liquid Hope undergoes regular nutritional assessment and lab testing. However, as with any real food product, variations in the nutrient levels can vary depending on time of year, soil, and weather conditions. Although we do our best to provide you with the most accurate nutrient information as possible, if you have a medical condition that requires you to be precise with specific nutrient levels, please discuss the use of this product with your medical team.



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 — LET FOOD BE THY MEDICINE —

LIQUID HOPE®

ORGANIC WHOLE FOODS MEAL REPLACEMENT

EST. 2006

ORIGINAL FORMULA

COMPLETE PLANT BASED NUTRITION



REAL FOOD • GLUTEN FREE • DAIRY FREE • SOY FREE
 NON GMO • BPA FREE • NO ADDED SUGAR • CORN FREE



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LIQUID HOPE

The world's first shelf stable organic whole foods feeding tube formula and meal replacement designed with the nutrition needs of adults in mind.

- Liquid Hope meets all food safety requirements and meets all GRAS, HACCP, CGMPS standards. Liquid Hope is processed in a FDA/USDA registered facility with USDA inspector on site. SID#: 2013-06012/001
- MEDICARE/MEDICAID APPROVED
- For tube feeding or oral feedings
- For supplemental or sole source nutrition
- Meets 100% DRI for 21 essential vitamins and minerals (four 341g pouches)*
- Use under medical supervision
- Concentrated calories (1.3 cal/mL) and high protein (20% of calories) formulated to help maintain healthy weight and support lean body tissue maintenance and repair
- 9g of naturally occurring dietary fiber per 341g pouch
- Gluten Free
- Dairy Free
- Soy Free
- Corn Free
- USDA Certified Organic
- 100% GMO Free
- BPA Free Packaging
- Plant-Based
- Safe to use for people with lactose intolerance

ORDERING INFO:

CASES	PRODUCT CODE	PACKAGING
Liquid Hope	LHWS124	24 - 12oz(341g) pouches/case

SAFETY PRECAUTIONS:

NOT FOR PARENTERAL USE

ALLERGENS:

- Contain Almonds (*Tree Nuts*)

INGREDIENTS:

Filtered water, organic garbanzo beans, organic green peas, organic carrots, organic whole grain brown rice, organic whole grain brown rice protein, organic flaxseed oil, organic sprouted quinoa, organic sweet potato, vitamin blend [potassium citrate, calcium citrate, acerola(C), sodium chloride, mixed tocopherols(E), choline bitartrate, zinc citrate, biotin, niacinamide, seleniommethionine, cholecalciferol(D3), calcium d-pantothenate(B5), pyridoxine hydrochloride(B6), riboflavin(B2), thiamine mononitrate(B1), methylcobalamin(B12)] organic broccoli, organic almond butter, organic kale, organic garlic, organic turmeric, organic rosemary, organic ginger.

*Four pouches of Liquid Hope a day meets 100% of the DRI for 21 key vitamins and minerals for adults ages 18 years and older.

NUTRITIONAL INFORMATION:

Kcal/mL: 1.3
Caloric Distribution (% of kcal)
Protein: 20%
Fat: 38%
Carbohydrate: 42%

Protein Source: 23g/341g
Organic garbanzo beans, organic green peas, organic whole grain brown rice, organic whole grain brown rice protein, organic sprouted quinoa, organic almond butter

NPC: N Ratio: 100:1
N6: N3 Ratio: 1:3
Osmolality (mOsm/kg water): 482
Water: 60%

Meets 100% RDI for 21 essential vitamins and minerals: four 341g pouches*

Fiber Content/Source: 9g/341g
Organic garbanzo beans, organic green peas, organic carrots, organic whole grain brown rice, organic sprouted quinoa, organic sweet potato, organic broccoli, organic kale, organic almond butter

HCPCS Code: B4149

Insurance Data Bank & Billing Codes/NDC Code**:

- MediSpan: 57858-00411
- First Databank: 57858-0004-11

Viscosity: Nectar-like at room temperature

USER GUIDE :

- Please check with your medical team for an appropriate transition regimen if switching from a commercial enteral formula to Liquid Hope. You may need to transition slowly over the course of 7-10 days to allow the body time to adapt to differences in the formulas.
- Liquid Hope has a 12 hour ambient room temperature hang time.
- Store unopened formula at room temperature for up to 2 years.
- Once opened, the formula can be refrigerated in a sealed container and used within 48 hours.
- Water may be added. If adding water or any liquid, it must be reblended with the product to emulsify in order to prevent separation.
- The formula can be eaten orally. Many enjoy it when heated on the stove and eaten as a soup, or when mixed with fruit and ice to create a smoothie.

** Medicare, Medicaid and health insurers may ask you to provide a National Drug Code / NDC number for insurance claims, billing or reimbursement purposes. Because our products are whole foods and do not constitute "drugs", we have an Insurance Data Bank and Billing Code that you should use when asked for an NDC number for our products.