

NUTRIENTS	12 oz Per Serving (341g/340-355mL*)		2 - pouches 24oz (682g/680-710mL*)		3 - pouches 36oz (1023g/1020-1065mL*)		4 - pouches 48oz (1364g/1360-1420mL*)	
	VALUE	%DRI**	VALUE	%DRI**	VALUE	%DRI**	VALUE	%DRI**
Caloric Density, kcal/mL	1.3		1.3		1.3		1.3	
Calories	450		900		1350		1800	
Protein, % kcal	20		20		20		20	
Protein, g	23		46		69		92	
Carbohydrate, % kcal	40		40		40		40	
Carbohydrate, g	49		98		147		196	
Fat, % kcal	40		40		40		40	
Fat, g	20		40		60		80	
Dietary fiber, g	9		18		27		36	
Soluble Fiber, g	2		4		6		8	
Insoluble Fiber, g	7		14		21		28	
Osmolality mOsm/kg H2O	482		482		482		482	
Water, g/mL/cc	243		486		729		972	
VITAMINS								
Vitamin A, RAEs (mixed carotenoids) mcg	344	38%	688	76%	1032	114%	1376	152%
Vitamin B1 - Thiamin, mg	0.41	34%	0.82	68%	1.23	102%	1.64	136%
Vitamin B2 - Riboflavin, mg	0.43	33.1%	0.86	66.2%	1.29	99.3%	1.72	132.4%
Vitamin B3 - Niacin, mg	5.37	33.6%	10.74	67.2%	16.11	100.8%	21.48	134.4%
Vitamin B5 - Pantothenic Acid, mg	1.25	25%	2.5	50%	3.75	75%	5	100%
Vitamin B6 - Pyridoxine, mg	0.59	45.4%	1.18	90.8%	1.77	136.2%	2.36	181.6%
Vitamin B12 - Cobalamin, mcg	1.5	63%	3	126%	4.5	189%	6	252%
Vitamin C, mg	114.75	127.5%	229.5	255%	344.25	382.5%	459	510%
Vitamin D, IU	150	25%	300	50%	450	75%	600	100%
Vitamin E - Mixed Tocopherols, IU	13.1	58%	26.2	116%	39.3	174%	52.4	232%
Folate, mcg	118.7	29.7%	237.4	59.4%	356.1	89.1%	474.8	118.8%
Vitamin K, mcg	47.2	39%	94.4	78%	141.6	117%	188.8	156%
Biotin, mcg	66.38	221%	132.76	442%	199.14	663%	265.52	884%
Choline, mg	122	24%	244	48%	366	72%	488	96%
MINERALS								
Calcium, mg	250	25%	500	50%	750	75%	1000	100%
Chromium, mcg	22.8	76%	45.6	152%	68.4	228%	91.2	304%
Copper, mg	0.3	33%	0.6	66%	.9	99%	1.2	132%
Iodine, mcg	53	35.3%	106	70.6%	159	105.9%	212	141.2%
Iron, mg	8.2	45.6%	16.4	91.2%	24.6	136.7%	32.8	182.4%
Manganese, mg	1.34	58.3%	2.68	116.6%	4.02	174.9%	5.36	233.2%
Magnesium, mg	120	29%	240	58%	360	87%	480	116%
Phosphorus, mg	219.2	37.8%	438.4	75.6%	657.6	113.4%	876.8	151.2%
Potassium, mg	960	28%	1920	56%	2880	84%	3840	112%
Selenium, mcg	17	31%	34	62%	51	93%	68	124%
Sodium, mg	380	25%	760	50%	1140	75%	1520	100%
Zinc, mg	3.6	35.1%	7.2	70.2%	10.8	105.3%	14.4	140.4%
POLYUNSATURATED FAT								
Omega-3 Fatty Acid, g	9.51		19.02		28.53		38.04	
Omega-6 Fatty Acid, g	3.67		7.34		11.01		14.68	

Special Notes:
 *mL range is give due to the volume being effected by viscosity, altitude and temperature. For the most accurate measurments please use the grams listed. All nutritional information contained herein is calculated using a 341/per pouch gram weight measurement.
 **The DRI percentages are based off the Institute of Medicine's Dietary Reference Intakes for adults 18 or more years of age.

Liquid Hope undergoes regular nutritional assessment and lab testing. However, as with any real food product, variations in the nutrient levels can vary depending on time of year, soil, and weather conditions. Although we do our best to provide you with the most accurate nutrient information as possible, if you have a medical condition that requires you to be precise with specific nutrient levels, please discuss the use of this product with your medical team.



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LIQUID HOPE®

ORGANIC WHOLE FOODS MEAL REPLACEMENT

EST. 2006
ORIGINAL FORMULA
 COMPLETE PLANT BASED NUTRITION



REAL FOOD • GLUTEN FREE • DAIRY FREE • SOY FREE
 NON GMO • BPA FREE • NO ADDED SUGAR • CORN FREE



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LIQUID HOPE

The world's first shelf stable organic whole foods feeding tube formula and meal replacement designed with the nutrition needs of adults in mind.

- Liquid Hope meets all food safety requirements and meets all GRAS, HACCP, CGMPS standards. Liquid Hope is processed in a FDA/USDA registered facility with USDA inspector on site. SID#: 2013-06012/001
- MEDICARE/MEDICAID APPROVED
- For tube feeding or oral feedings
- For supplemental or sole source nutrition
- Meets 100% DRI for 25 essential vitamins and minerals (four 341g pouches)*
- Use under medical supervision
- Concentrated calories (1.3 cal/mL) and high protein (20% of calories) formulated to help maintain healthy weight and support lean body tissue maintenance and repair
- 9g of naturally occurring dietary fiber per 341g pouch
- Gluten Free
- Dairy Free
- Soy Free
- Corn Free
- USDA Certified Organic
- 100% GMO Free
- BPA Free Packaging
- Plant-Based
- Safe to use for people with lactose intolerance

ORDERING INFO:

CASES	PRODUCT CODE	PACKAGING
Liquid Hope	LHWS124	24 - 12oz(341g) pouches/case

SAFETY PRECAUTIONS:

NOT FOR PARENTERAL USE

ALLERGENS:

- Contain Almonds (Tree Nuts)

INGREDIENTS:

Filtered water, organic garbanzo beans, organic green peas, organic carrots, organic flax oil, organic pea protein, organic whole grain brown rice, organic sprouted quinoa, organic sweet potato, organic broccoli, organic almond butter, vitamin blend [potassium citrate, calcium citrate, sodium chloride, mixed tocopherols(E), choline bitartrate, magnesium sulfate, zinc citrate, potassium iodide, biotin, niacinamide(B3), selenomethionine, cholecalciferol(D3), calcium d-pantothenate(B5), pyridoxine hydrochloride(B6), riboflavin(B2), thiamine mononitrate(B1), methylcobalamin(B12)] organic kale, organic garlic, organic acerola powder, organic turmeric, organic rosemary, organic ginger.

*Four pouches of Liquid Hope a day meets 100% of the DRI for 25 key vitamins and minerals for adults ages 18 years and older.

NUTRITIONAL INFORMATION:

Kcal/mL: 1.3
Caloric Distribution (% of kcal)
Protein: 20%
Fat: 40%
Carbohydrate: 40%

Protein Source: 23g/341g
Organic pea protein, organic whole grain brown rice, organic garbanzo beans, organic green peas, organic sprouted quinoa, organic almond butter

NPC: N Ratio: 100:1
Omega-6 to Omega-3 Ratio: 1:2.6
Osmolality (mOsm/kg water): 482
Water: 243g

Meets 100% RDI for 25 essential vitamins and minerals: four 341g pouches*

Fiber Content/Source: 9g/341g
Organic garbanzo beans, organic green peas, organic carrots, organic whole grain brown rice, organic sprouted quinoa, organic sweet potato, organic broccoli, organic kale, organic almond butter

HCPCS Code: B4149

Insurance Data Bank & Billing Codes/NDC Code**:

- MediSpan: 57858-00411
- First Databank: 57858-0004-11

Viscosity: Nectar-like at room temperature

USER GUIDE :

- Please check with your medical team for an appropriate transition regimen if switching from a commercial enteral formula to Liquid Hope. You may need to transition slowly over the course of 7-10 days to allow the body time to adapt to differences in the formulas.
- Liquid Hope has a 12 hour ambient room temperature hang time.
- Store unopened formula at room temperature for up to 2 years.
- Once opened, the formula can be refrigerated in a sealed container and used within 48 hours.
- Water may be added. If adding water or any liquid, it must be reblended with the product to emulsify in order to prevent separation.
- The formula can be eaten orally. Many enjoy it when heated on the stove and eaten as a soup, or when mixed with fruit and ice to create a smoothie.

** Medicare, Medicaid and health insurers may ask you to provide a National Drug Code / NDC number for insurance claims, billing or reimbursement purposes. Because our products are whole foods and do not constitute "drugs", we have an Insurance Data Bank and Billing Code that you should use when asked for an NDC number for our products.