

Actual volumes of formula required are a function of a child's weight, age, and other variables and should be determined by a Registered Dietitian or the child's primary care provider. Nutritional requirements for children are not solely based upon age and nutrient goals must be calculated accordingly.

NUTRIENTS	12 oz Per Serving (341g/340-355mL*)		2 - pouches 24oz (682g/680-710mL*)		3 - pouches 36oz (1023g/1020-1065mL*)	
	VALUE	%DRI**	VALUE	%DRI**	VALUE	%DRI**
Nutrient Density, kcal/mL	1.46		1.46		1.46	
Calories	520		1040		1560	
Protein, % kcal	13		13		13	
Protein, g	16.5		33		49.5	
Carbohydrate, % kcal	28		28		28	
Carbohydrate, g	42		84		126	
Fat, % kcal	59		59		59	
Fat, g	34		68		102	
Dietary fiber, g	10		20		30	
Soluble Fiber, g	2		4		6	
Insoluble Fiber, g	8		16		24	
Osmolality mOsm/kg H2O:	460		460		460	
Water, g/mL/ccc	163.2		163.2		163.2	
Water by Volume: 46%						
Water by Weight: 47.9%						
VITAMINS						
Vitamin A, RAEs(mixed carotenoids)	204	51%	408	102%	612	153%
Vitamin B1, Thiamin, mg	0.2	33%	0.4	67%	0.6	100%
Vitamin B2, Riboflavin, mg	0.26	43.3%	0.52	87%	0.78	130%
Vitamin B3, Niacin, mg	3.0	38%	6.0	76%	9.0	114%
Vitamin B5, Pantothenic Acid, mg	1.08	27%	2.16	54%	3.24	81%
Vitamin B6, mg	0.31	52%	0.62	104%	0.93	156%
Vitamin B12, mcg	0.4	33%	0.8	67%	1.2	100%
Vitamin C, mg / Ascorbic acid	38.9	156%	77.8	311%	116.7	467%
Vitamin D, mcg	5.0	33%	10.0	67%	15	100%
Vitamin E, mg (mixed tocopherols)	4.34	62%	8.68	132%	13	198%
Folate, mcg	108	54%	216	108%	364	162%
Vitamin K, mcg	47	85%	94	170%	141	255%
Biotin, mcg	5	NOT EST.	10	NOT EST.	15	NOT EST.
Choline, mg	103	NOT EST.	206	NOT EST.	309	NOT EST.
MINERALS						
Calcium, mg	374	32%	748	64%	1122	96%
Chloride, mg	443.3	23%	886.6	46%	1329.9	69%
Chloride mEq	12.5	NOT EST.	12.5	NOT EST.	12.5	NOT EST.
Chromium, mcg	5.0	33%	10.0	67%	15.0	100%
Copper, mg	0.9	205%	1.8	410%	2.7	615%
Iodine, mcg	53.3	59.2%	106.6	118.4%	159.9	177.6%
Iron, mg	8.3	45%	16.6	90%	24.9	135%
Manganese, mg	1.3	87%	2.6	174%	3.9	261%
Magnesium, mg	91.3	70%	183	140%	274	210%
Molybdenum, mcg	33	150%	66	300%	99	450%
Phosphorus, mg	290	58%	580	116%	870	174%
Potassium, mg	841	36%	1682	73%	2523	110%
Potassium mEq	21.6	NOT EST.	43.1	NOT EST.	64.7	NOT EST.
Selenium, mcg	2.4	8%	4.8	16%	7.2	24%
Sodium, mg	314	31.4%	628	62.8%	942	94.2%
Sodium mEq	13.7	NOT EST.	27.4	NOT EST.	41.1	NOT EST.
Zinc, mg	2.53	51%	5.1	102%	7.63	153%
POLYUNSATURATED FAT						
Omega-3 Fatty Acid, g	4.6		9.2		13.8	
Omega-6 Fatty Acid, g	2.0		4.0		6.0	

Special Notes:
 *mL range is give due to the volume being effected by viscosity, altitude and temperature. For the most accurate measurments please use the grams listed. All nutritional information contained herein is calculated using a 341/per pouch gram weight measurement.

**The DRI percentages are based off the Institute of Medicine's Dietary Reference Intakes for children ages 4-8 years of age.

Nourish undergoes regular nutritional analysis and lab testing. However, as with any real food product, variations in the nutrient levels can vary depending on the time of year, soil, and weather conditions. Although we do our best to provide you with the most accurate nutritional information possible, if you have a medical condition that requires you to be precise with specific nutrient levels, please discuss the use of this product with your medical team.

NP-003



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NOURISH®

ORGANIC WHOLE FOODS MEAL REPLACEMENT

EST. 2006
PEPTIDE FORMULA
 COMPLETE PLANT BASED NUTRITION



OPTIMIZED FOR CHILDREN 4-8 YEARS OLD

TREE NUT FREE • GLUTEN FREE • DAIRY FREE • SOY FREE
 CORN FREE • NO ADDED SUGAR • NON GMO • BPA FREE

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NOURISH PEPTIDE:

The world's first shelf stable organic whole food peptide feeding tube formula designed with the nutritional needs for children in mind.

- [Nourish Peptide meets all food safety requirements and meets all GRAS, HACCP, and CGMP standards. Nourish Peptide is produced in an FDA/USDA registered facility with a USDA inspector on site.](#)
SID#: 2016-0106/001

- Formulated for tube feeding or oral feedings
- For supplemental or sole source nutrition
- Whole foods, complete nutrition (1.46 kcal/mL) formulated to meet or exceed 100% of the DRI for protein for children 4 to 8 years of age
- Designed to meet or exceed 100% of the DRI for 21 key vitamins and minerals in three 341g pouches per day*
- Contains 10 grams of naturally occurring dietary fiber per 341g pouch
- Gluten Free
- Dairy Free
- Soy Free
- Corn Free
- USDA Certified Organic
- 100% GMO Free
- BPA-Free Packaging
- Plant-Based
- Safe to use for people with lactose intolerance

ORDERING INFO:

CASES	PRODUCT CODE	PACKAGING
Nourish Peptide	NDUPWS124	24 - 12oz(341g) pouches/case

SAFETY PRECAUTIONS:

NOT FOR PARENTERAL USE

Not intended to diagnose, treat, cure, or prevent disease. Not intended for infants under one year of age unless specified by a physician or Registered Dietitian. Please check with your healthcare provider before beginning the use of Nourish Peptide.

INGREDIENTS:

filtered water, organic garbanzo beans, organic green peas, organic whole grain brown rice, organic carrots, organic coconut MCT oil, organic extra virgin olive oil, organic hydrolyzed pea protein, organic sprouted quinoa, organic flax oil, vitamin blend [Calcium Citrate, Acerola(C), Sodium Chloride, Potassium Chloride, Potassium Phosphate, Choline Bitartrate, Magnesium Glycinate, Mixed Tocopherols(E), Zinc Gluconate, Potassium Iodide, Cholecalciferol(D3), Niacinamide, Calcium D-Pantothenate(B5), Copper Amino Acid Chelate, Biotin, Pyridoxine Hydrochloride(B6), Riboflavin(B2), Chromium Picolinate, Methylcobalamin(B12)]
organic sweet potato, organic acacia fiber, organic broccoli, organic kale, organic ginger organic turmeric

*Three pouches of Nourish a day meets 100% of the DRI for 26 key vitamins and minerals for children ages 4-8 years old. Nourish may be appropriate for individuals of other ages under medical supervision.

NUTRITIONAL INFORMATION:

kcal/mL: 1.46
Caloric Distribution (% of kcal)
Protein: 13%
Fat: 59%
Carbohydrate: 28%

Protein Content/Source: 16.5 g/341g
Organic hydrolyzed pea protein, organic garbanzo beans, organic green peas, organic brown rice, organic sprouted quinoa

NPC:N Ratio: 172:1
Omega-6 to Omega-3 Ratio: 1:2.3
Osmolality mOsm/kg H2O: 460
Water: 47.9%

Meets 100% of the DRI for 21 key vitamins and minerals: three 341g pouches*

Fiber Content/Source: 10 g/341g
Organic garbanzo beans, organic acacia fiber, organic green peas, organic carrots, organic sprouted quinoa, organic whole grain brown rice, organic hydrolyzed pea protein

HCPCS Code: B4161

Viscosity: Nectar-like at room temperature

USER GUIDE :

- Please check with your medical team for an appropriate transition regimen if switching from a commercial enteral formula to Nourish Peptide. You may need to transition slowly over the course of 7-10 days to allow the body time to adapt to differences in the formulas.
- Nourish Peptide has a 12 hour ambient room temperature hang time.
- Store unopened formula at room temperature for up to 2 years.
- Once opened, the formula can be refrigerated in a sealed container and used within 48 hours.
- Water may be added. If adding water or any liquid, it must be reblended with the product to emulsify in order to prevent separation.
- The formula can be eaten orally. Many enjoy it when heated on the stove and eaten as a soup, or when mixed with fruit and ice to create a smoothie.

*Three pouches of Nourish a day meets 100% of the DRI for 21 key vitamins and minerals for children ages 4-8 years old. Nourish may be appropriate for individuals of other ages under medical supervision.